

parishable

WINTER | 2023

simplicity | discovery | community | responsibility | peace

MUG SHOT

Don't forget to bring your own mug on Sundays to make it easier for those preparing big table.



ARE YOU NEW?

We would love to get to know you a bit more, and tell you about the Parish. We are planning a Newcomers Brunch that will happen after our morning service where you can bring your questions, and we will bring the food! Watch for a sign up clipboard on Sunday Mornings soon.



WaterFirst seeks to address the water crisis in indigenous communities in Canada

CLEAN WATER | *Hermione Rivison*

Water First is one of the organizations The Parish has chosen to financially support. Last year Robin and I checked out their website to find out what they actually do.

Their aim is to look at challenges indigenous communities have around water. And that is not just drinking water but also water sources like lakes and rivers within the communities.

What we were impressed with is their approach to the challenges. They consult with indigenous communities first and that spells out priorities and in particular what training and educational needs there are.

And who are they? There is an indigenous advisory board, indigenous staff and board members. They have a philosophy of trust building, meaningful relationships and lasting results.

I am thrilled The Parish is a supporter and I encourage you to visit the website www.waterfirst.ngo

Check out their website to find out what they actually do.

**Our Parish Podcasts
Have hit a milestone!
With listeners in 45 countries**



Congratulations on **20,000 Downloads!**



Congratulations on **publishing 200 episodes!**



MOPS+BROOMS | *Jenny Kennedy-Bloom*

The One City Peterborough Employment Programs exist to foster belonging and dignity, not only in the people we employ but in the wider Peterborough community. In a nutshell what we do is we give paid work opportunities to people who have met barriers to working for a variety of reasons. We focus on the barriers of homelessness, criminal records, mental health and substance use. Many people find themselves without the capacity to take on paid work in the environments usually available to them. Meaning they need a work place that can support them while they work toward their employment and life-skill goals. They need understanding of the experience and trauma they have lived through and bring with them to work. And they need to feel included, trusted, and uplifted in a society that usually denies them these things.

Our Residential Cleaning team has worked hard to learn the skills of professional level cleaners, and to provide an important service to homeowners, businesses, churches, community partners, and to tenants who are at risk of eviction and for whom cleaning support makes the difference in the safety of their housing.

The Parish has been a consistent client of the One City Cleaning Team this past year, and that consistency is a huge part in the learning experience. We are so grateful for the peaceful, quiet, and gentle space we get to clean every Wednesday afternoon. We put some music on, we chat and laugh, and we help make a safe space for The Parish community. It is a job we look forward to, and we want to thank you for the awesome work opportunity.

Jenny Kennedy-Bloom
Employment Facilitator OneCity Peterborough

HAVE YOU SEEN?

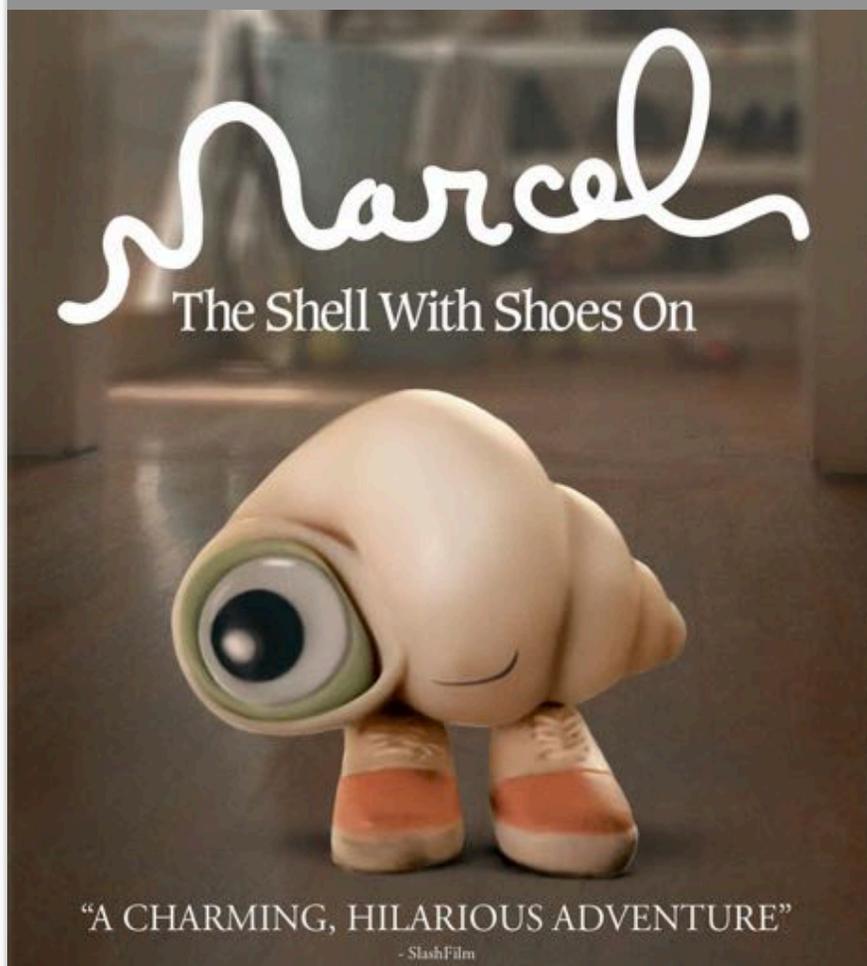
Dakota Holbrough | Lightbox Junior High Leader

If I were in charge of the Oscar nominations this year, a major frontrunner for best picture would have to be Marcel the Shell With Shoes On. (It is nominated for best animated feature at the Oscars.) It is based on the YouTube short films of the same name, this is a mockumentary about the life of a little talking shell (Marcel) and his grandmother.

What I find so special about this movie is the way it's able to delicately balance quirky humour and gentle wisdom, gracefully tackling themes such as loss and abandonment while still being able to find the light and comedy in Marcel's everyday life. Perhaps unexpectedly, Marcel the Shell manages to be one of the most emotionally powerful films in recent years, and it's enjoyable for any age, I highly recommend watching this.

The film is currently available to rent digitally on iTunes and Amazon Prime, and someday I would like to provide the Parish with its own DVD copy for people to borrow from the library as well.

Dakota is an avid film fan and perfect movie date, just ask Colleen Volpel. Got a movie Question? Dakota is your guy.



In February the Parish will be starting a weekly High School Youth Group. It will be organized by Alex and Julianna. Pull up a chair and sit in on this discussion.

Alex and Julianna, Where are you both from and how did you guys find the Parish?

Julianna grew up in a small town south of London, ON called Aylmer. Alex grew up in Niagara on the Lake, ON. Before moving to Peterborough we lived in Aylmer.

We were looking for an Anabaptist church and our friend Zulema at the meeting house mentioned you.

What do you like about it?

Everything but also...That we can agree that everyone has differing interpretations/opinions about the Bible and still love each other. Because if we didn't we would all be the same, and that's no fun.

What is it about trees? Tell us what you're both involved in.

Julianna is enrolled in Urban Forestry at Fleming. She is finishing up her last semester. She has loved trees for years and wants other people to love them too.

Alex works for a not-for-profit organization called Tree Canada. He is their development coordinator. You can read more at www.treecanada.ca.

Since you two got married, you have been involved in some pretty incredible things, can you tell us about a couple of them?

We were substitute missionaries from August 2015 to May 2016 in Thailand. While the original missionaries were in North America on furlough, we oversaw a Children's home for kids living with HIV. We also helped out with a church plant and taught english.

From January 2017 until July 2021 we were foster parents to teens in our area.



We appreciate your willingness to help start a High School Youth group at the Parish. Can you describe why you think a High School Youth Group is important?

Young people are the future of the church. We know that church changes over the years and being in a group aside from the Sunday service where they can figure out what church is to them, is important. Teens also need to know they are not alone and deal with all the same struggles as the person sitting next to them. Getting to know your peers and ask questions in a safe and fun setting is essential. Teenagers also need mentors (who are not their parents, sorry parents) they can trust and confide in.

You are trapped on a desert island and for reasons that don't make sense, you're allowed two DVD's and two food items. What are they going to be?

Assuming we have something to watch the DVD's on we would choose "How to survive on a desert island" and Castaway - to give us hope.

Also assuming there is an unlimited supply of the two food items we would choose sushi and pizza.

Alex and Julianna will be running a weekly High School Youth event on Tuesday nights starting soon. If you have any questions you can email Alex and Julianna at youth@theparish.ca

GERMAN APPLE CAKE

A BIG TABLE RECIPE

Over the years Big table has introduced us to some culinary firsts. One day we will put together a cook book with some of the faves.

Recently Bev Hawkins brought this German Apple Cake to big table and it was mind blowing. And apparently you don't need to be Bev, or German to make it. So I asked, and here is the recipe, as well as a pic of what it might look like on your coffee table.



A-In a large bowl beat:

2 eggs

3/4 cup vegetable oil
(I use light olive oil)

1 cup sugar

2 tsp vanilla

B-Then Add

2 cups flour

2 tsp cinnamon

1 tsp Baking soda

1/2 tsp salt

Mix well.

Fold in: 4 generous cups peeled, finely chopped apples. As you fold the apples in, the batter will loosen up and become more spreadable.

Pour into a greased 9 X 13 pan.

Bake at 350 F for 50-55 min.

The icing is just butter, cream cheese, vanilla and icing sugar.

(In our next newsletter Sandra Conrad will explain what Aquafaba is)



shalem

Mental Health Network

Your giving allows us to be apart of the Shalem Mental health Network that offers 6 free counselling sessions with a Professional Psychologist.

It's one of the ways we are allowing one of our values to guide us.

Peace in our minds, our hearts and our homes is how we find it in our world.

For confidential access call **1-866-347-0041**



YEAR END INCOME TAX RECEIPTS

For those who gave to the Parish online through Canada Helps, your income tax receipt will be available through them. For those who gave through E-transfer or cash/cheque, your income tax receipts will be available soon on a Sunday morning. If you have any questions you can speak to our treasurer Sandra Hannam.

ADAPTIVE AND RESILIENT COMMUNITY

So much has happened in the last few years. It's hard to imagine that only 10 months ago we were planning our first live service after years of only meeting online. One of the things we discovered is that so much is different, and we needed to adapt.

Faith communities like ours are learning to pivot as we experience changes in everything including attendance, financial support and giving, mental health and an increasingly divided world.

But this is what faith communities historically have done best. The early followers of Jesus radically changed and adapted as the culture around them shifted. Jesus' primary message was 'change', and the reason I think is to keep up with what God is up to. This is why Jesus asked people to 'follow' him. So that they would end up wherever it is that he is taking us.

Faith is often seen for its faithfulness to a set of values and ideas behind us. But faith is guiding us forward not holding back.

I am excited and curious to see where God is leading us in the next few months and years. And it feels good to look around that room on a Sunday and realize that you are the people that I am traveling with on this spiritual journey. And that fills me with hope and I realize that the Parish is so much bigger than just a Sunday morning.

The idea of what the Parish represents permeates my whole life.

We are a force of good in the world that believes it is possible for hearts to change, for our homes to have peace, and for our disappointments and failures to be redeemed. For strangers to become friends, and friends to become family.

We are apart of something truly amazing.

See you soon.



Thank you!

YOU MAKE IT HAPPEN

The parish is funded funded by your generosity.

Your giving supports:

Our Sunday morning experience, Big Table, Pastoral care, Fireflies Children's Ministries, LightBOX, Shalem Mental Health care

Plus it has enabled us to support:

One City, the Daughter Project, Water First, Mercy Ships, Youth Emergency Shelter, Benevolence for those in desperate need.

Three ways you can give

1. E-transfer by emailing giving@theparish.ca
2. Canada Helps by visiting theparish.ca and clicking on give
3. On Sunday mornings in the basket at the door.

The Parish Serve Team:

Brenda Hill | Dave Hawkins | Hermione Rivison | Sandra Conrad

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